



Cancer Control in Primary Care Course (CCPC)



09 | 10 February
Royal Olympic 2024
Hotel

According to
EACCME-UEMS
criteria,
15 Continuing
Medical
Education credits
will be awarded.

Scientific Program



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WELCOME LETTER

Dear Colleagues and Participants,

We are delighted to extend a warm welcome to all primary care physicians, oncologists, and other healthcare professionals joining us for the Cancer Control in Primary Care Seminar. This event, organized by the Hellenic Society of Medical Oncology (HeSMO) in collaboration with the American Society of Clinical Oncology (ASCO) International, aims to enhance your knowledge and skills in cancer management, thereby contributing to improved cancer care in Greece.

In countries like Greece, where cancer is a significant health concern and public health problem, a coordinated and multidisciplinary approach is essential. While oncologists play a key role in diagnosis and treatment, primary care physicians are also crucial in cancer control and health promotion. This seminar has been tailored to your needs, offering insights and practical tools to empower your clinical practice.

Key benefits of the seminar include:

1. **Improved Cancer Awareness:** We will focus on raising awareness about various cancers, their risk factors, and preventive and health promotions measures. As primary care physicians often serve as the first point of contact for patients, this knowledge is critical for promoting preventive policies and identifying high-risk individuals, ultimately aiding in reducing cancer incidence rates.
2. **Early Detection and Diagnosis:** The seminar will emphasize the importance of early cancer detection, educating you about warning signs and symptoms. This knowledge will better equip you to identify potential cancer cases during daily consultations and ensure timely access to specialized care through appropriate referrals.
3. **Collaboration and Networking:** The seminar provides a platform for healthcare professionals to communicate, exchange knowledge, and build professional networks. Collaboration between specialists and primary care providers is vital for effective cancer control and care.
4. **Comprehensive Cancer Assessment and Management:** We will equip you with tools and knowledge for thorough cancer assessments, including history-taking, physical examination, investigations, staging, treatment modalities, and management of side effects. This training will enable you to participate actively in the shared care of cancer patients.
5. **Enhancing Treatment Coordination and Patient Support:** The seminar will update you on the latest advancements in cancer treatment and patient communication. You will gain skills to guide patients through the treatment process, manage side effects, and provide holistic support, enhancing the well-being of cancer patients and their families.



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Participating in this seminar will provide you with valuable skills and knowledge to enhance your cancer control efforts in daily practice. We believe this comprehensive training will empower you to play a significant role in the early detection, diagnosis, treatment, and long-term care of cancer patients, improving outcomes and the overall quality of cancer care in Greece.

Thank you for your commitment to advancing cancer care. We look forward to a fruitful and collaborative seminar.

Warm regards,

On behalf of the Organizing Committee
Dr. Zenia Saridaki, President of the BoD of HeSMO

On behalf of the Scientific Committee, the Seminar Chairs
Dr. Ioannis Boukovinas, Prof. Christos Lionis, Dr. Nikolaos Tsoukalas

COMMITTEES

Organizing Committee

President: Z. Saridaki

Vice-President: M. Nikolaou

General Secretary: N. Tsoukalas

Executive Secretary: A. Christopoulou

Treasurer: A. Boutis

Members: M. Liontos, E. Saloustris

Scientific Committee - Seminar Chairs

Presidents: I. Boukovinas, Ch. Lionis, N. Tsoukalas



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SCIENTIFIC PROGRAM

Friday February 9th 2024

08:45-09:15 Registration

09:15-09:30 Welcome

I. Boukovinas, Ch. Lionis, N. Tsoukalas

09:30-10:30 Preface

09:30-10:00 Cancer overview **I. Boukovinas**

10:00-10:15 Cancer statistics, GCP (the Cretan Cancer Registry) **Ch. Lionis**

10:15-10:30 From raw data to clinical practice: the patient's journey **I. Tsiligianni**

10:30-11:00 Coffee Break

11:00-13:00 Cancer Control in the Community

11:00-11:30 Role of the primary care physician in cancer control efforts **L. Makaroff**

11:30-12:00 Barriers and challenges in the implementation of cancer control plans in primary care **D. Kounalakis**

12:00-13:00 Round table: Open discussion with primary care physicians of Greece
Coordinators: **Ch. Lionis, N. Tsoukalas**

Panel: **A. Christopoulou, D. Karanasios, D. Kounalakis, M. Orfanidis, E. Skliros**

13:00-14:00 Lunch

14:00-16:30 Cancer Prevention and Health Promotion

14:00-14:30 Behavior-based determinants/risk factors (tobacco, diet, exercise, alcohol) and cancer in detail **S. Papadakis**

14:30-15:00 How to communicate about behavior change and cancer prevention with your "patient" **Ch. Lionis**

15:00-15:30 Environmental risk factors **P. Koutrakis**

15:30-16:30 Roleplaying: Cancer prevention (tobacco/ smoking cessation, obesity and alcohol abuse)
Coordinators: **L. Makaroff, S. Droufakou**



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Friday February 9th 2024

16:30-17:00 Coffee Break

17:00-18:00 Cancer Prevention Measures

17:00-17:30 Infection-related cancers **Th. Agorastos**

17:30-18:00 HPV and hepatitis vaccines **L. Makaroff**

18:00-19:00 Cancer Genetics and Family History

18:00-18:30 Role of genetics in cancer **F. Fostira**

18:30-19:00 Helping patients with their family history understand their own risk. When to refer for genetic counseling **G. Lypas**

19:00 Discussion and wrap up of Day 1



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Saturday February 10th 2024

09:00-10:00 Cancer Early Warning Signs

09:00-09:30 Symptoms and signs associated with cancer **L. Makaroff**

09:30-10:00 Approaches to early detection, including screening **M. Liontos**

10:00-10:30 Coffee Break

10:30-13:00 Cancer Early Detection

10:30-11:00 Lung **S. Agelaki**

11:00-11:30 Breast **D. Tryfonopoulos**

11:30-12:00 Cervical **A. Nikolaidi**

12:00-12:30 Colorectal **G. Rigakos**

12:30-13:00 Prostate **R. Zakopoulou**

13:00-14:00 Lunch

14:00-16:30 You suspect your patient has cancer: what is next

14:00-14:30 The cancer journey **I. Souglakos**

14:30-15:00 What to do when a patient has a poor prognosis **M. Avgoustidou**

15:00-15:30 Overview of cancer treatments and toxicities; what to expect **N. Tsoukalas**

15:30-16:00 Referral networks in Greece **I. Boukovinas**

16:00-16:30 Cancer continuum **G. Kapetanakis**

16:30-17:00 Coffee Break

17:00-18:00 You suspect your patient has cancer: what is next

17:00-17:30 After treatment: survivorship and the primary care physician **S. Droufakou**

17:30-18:00 Supportive care and palliation cases **M. Paraskeva**



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Saturday February 10th 2024

18:00-19:30 The Healthcare System and Cancer Prevention Policy

18:00-18:30 National cancer control plan **D. Papamichael**

18:30-19:00 Integrated Healthcare System:
a current challenge **E. Symvoulakis**

19:00-19:30 HeSMO's unified initiatives across Greece:
empowering the district **Z. Saridaki**

19:30-20:00 Discussion and Seminar wrap up

This program has the American Society of Clinical Oncology's approval for quality of educational content. ASCO endorsement does not constitute medical advice. Health care providers should exercise their own independent medical judgment.



FACULTY

Agelaki Sofia	Professor of Medical Oncology, University General Hospital of Iraklion, Laboratory of Translational Oncology, University of Crete, Greece
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Lionis Christos	MD PhD FRCGP (Hon) FESC FWONCA, Professor Emeritus of General Practice and Primary Health Care, School of Medicine, University of Crete, Greece - EMA SAG Vaccines (Member) - WONCA Working Party on Mental Health (Chair)



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Skliros Efsthios

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GENERAL INFORMATION

Organized by:

- Hellenic Society of Medical Oncology (HeSMO), www.hesmo.gr
- American Society of Clinical Oncology (ASCO), www.asco.org

Date:

February 9-10, 2024

Venue:

Royal Olympic Hotel
(Panorama Hall)
28, Athanasiou Diakou str.
117 43, Athens, Greece
Tel. +30 210 9288400

Registrations:

Registration and attendance are allowed only to Health Care Professionals and undergraduate/graduate students. Registrations require presentation/proof of professional capacity or status.

Registration costs:

- Medical specialists: 100 €
- Residents: free
- Other healthcare scientists: free
- Nurses: free
- Students: free

The above costs include 24% tax

Instructions for attendance:

Participants who wish to attend the Seminar should have completed their registration online via the link:

https://docs.google.com/forms/d/e/1FAIpQLSeSv5yrzsVOIA-TIBhtU3anD0znG-Dr29K9LLJ-HIY_JZQxwCQ/viewform



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Continuing Medical Education credits:

According to EACCME-UEMS criteria, 15 Continuing Medical Education credits will be awarded.

Certificate of attendance:

The certificate of attendance will be sent at the conclusion of the event to those delegates who have completed their registration. A necessary condition for receiving the attendance certificate is the completion of at least 60% of the total hours of the scientific program.

Disclaimer: The event will be photographed, videotaped and broadcasted live.

Secretariat:



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Secretariat:  Events & Travel Solutions

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